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FOR IMMEDIATE RELEASE

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Highwoods Properties Signs 28,000 Square Foot Lease with New Customer at Harpeth on the Green V in Nashville

Raleigh, NC – May 28, 2014 - Highwoods Properties, Inc. (NYSE: HIW) has signed a 28,000 square foot lease at Harpeth on the Green V in Nashville with a new customer. With this lease, the Company has relet 94% of the space vacated by LifePoint Hospitals. (Highwoods recently completed a 203,000 square foot build-to-suit for LifePoint.)

Ed Fritsch, President and CEO of Highwoods, stated, "Congratulations to our Nashville team for backfilling 94% of the space LifePoint vacated three months ago."

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Kansas City, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond, Tampa and the Triad. For more information about Highwoods Properties, please visit our website at www.highwoods.com.