

FOR IMMEDIATE RELEASE

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**Highwoods Properties to Release Third Quarter Results
Tuesday, October 29**

**Conference Call
Wednesday, October 30, at 11:00 a.m.**

Raleigh, NC – September 10, 2013 – Highwoods Properties, Inc. (NYSE: HIW) will release its 2013 third quarter results on Tuesday, October 29, after the market closes.

A conference call will be held the next day, Wednesday, October 30, at 11:00 a.m. Eastern time.

For US/Canada callers, dial (800) 381-7839. A live, listen-only Web cast can be accessed through the Company's Web site at www.highwoods.com under the "Investor Relations" section.

A replay of the call will be available on the Investor Relations section of Highwoods Web site at www.highwoods.com.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully integrated, self-administered REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At June 30, 2013, Highwoods owned or had an interest in 321 in-service office, industrial and retail properties encompassing approximately 34.3 million square feet and owned 634 acres of development land. The Company's properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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