



FOR IMMEDIATE RELEASE

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HIGHWOODS PROPERTIES TO PRESENT AT REITWEEK: NAREIT'S INVESTOR FORUM

Live Web-Cast on Thursday, June 6, at 2:15 PM CT

RALEIGH, NC – June 3, 2013 Highwoods Properties, Inc. (NYSE: HIW) Ed Fritsch, President and Chief Executive Officer, will participate in a Company roundtable presentation at REITWEEK: NAREIT's Investor Forum. The presentation will take place on Thursday, June 6, at 2:15 p.m. Central time and will last approximately 30 minutes.

The presentation will be web-cast and will be available through the Company's Investor Relations section of its corporate website at www.highwoods.com. A link for the web-cast will be provided on the "Corporate Profile" page of this section. A replay of the web-cast will be available.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully integrated, self-administered REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At March 31, 2013, Highwoods owned or had an interest in 334 in-service office, industrial and retail properties encompassing approximately 35.0 million square feet and owned 649 acres of development land. The Company's properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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