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Ref: 13-03

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Highwoods Properties to Release Fourth Quarter and Year-End 2012 Results on February 12

Conference Call Wednesday, February 13, at 11:00 a.m.

Raleigh, NC – January 22, 2013 – Highwoods Properties, Inc. (NYSE: HIW) today announced that it will release fourth quarter and year-end results for 2012 on Tuesday, February 12, after the market closes.

A conference call will be held the next day, Wednesday, February 13, at 11:00 a.m. Eastern time.

For US/Canada callers, dial (800) 381-7839. A live, listen-only Web cast can be accessed through the Company's Web site at www.highwoods.com under the "Investor Relations" section.

A replay of the call will be available on the Investor Relations section of Highwoods Web site at www.highwoods.com.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE: HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully integrated, self-administered REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At September 30, 2012, Highwoods owned or had an interest in 333 in-service office, industrial and retail properties encompassing approximately 34.1 million square feet and owned 581 acres of development land. The Company's properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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