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Ref: 13-02

Contact: Tabitha Zane
Vice President, Investor Relations
919-431-1529

Highwoods Posts Tax Treatment of 2012 Dividends

Raleigh, NC – January 22, 2013 – Highwoods Properties, Inc. (NYSE: HIW) has posted the tax treatment of its 2012 dividends. Please visit Highwoods investor relations web site to view this document or click on the following link.

<http://www.highwoods.com/investor/2012-Tax-Treatment-for-HIW.pdf>

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully integrated, self-administered REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At September 30, 2012, Highwoods owned or had an interest in 333 in-service office, industrial and retail properties encompassing approximately 34.1 million square feet and owned 581 acres of development land. The Company's properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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