



FOR IMMEDIATE RELEASE

Ref: 13-05

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Highwoods Changes Record Date for Common Stock Dividend

RALEIGH, NC – January 31, 2013 – Highwoods Properties (NYSE: HIW) today announced that the record date for the Company's cash dividend of \$0.425 per share of common stock for the quarter ended December 31, 2012 has been changed from February 18, 2013, which is a federal holiday, to February 19, 2013. The dividend payable date remains March 12, 2013.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully integrated, self-administered REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At September 30, 2012, Highwoods owned or had an interest in 333 in-service office, industrial and retail properties encompassing approximately 34.1 million square feet and owned 581 acres of development land. The Company's properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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