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HIGHWOODS PROPERTIES TO PRESENT AT REITWEEK: NAREIT'S INVESTOR FORUM

Live Web-Cast on Tuesday, June 7, at 11:00 AM ET

RALEIGH, NC – June 6, 2011 Highwoods Properties, Inc. (NYSE: HIW), one of the largest owners and operators of office properties in the Southeast, today announced that Ed Fritsch, President and Chief Executive Officer, will participate in a Company roundtable presentation at REITWEEK: NAREIT's Investor Forum. The presentation will take place on Tuesday, June 7, at 11:00 a.m. Eastern time and will last approximately 30 minutes.

The presentation will be web-cast and will be available through the Company's Investor Relations section of its corporate website at www.highwoods.com. A link for the web-cast will be provided on the "Corporate Profile" page of this section. A replay of the web-cast will be available.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is one of the largest owners and operators of office properties in the Southeast and provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At March 31, 2011, Highwoods owned or had an interest in 329 in-service office, industrial and retail properties encompassing approximately 32.4 million square feet and owned 610 acres of development land. The Company's properties and development land are located in Florida, Georgia, Mississippi, Missouri, North Carolina, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our web site at www.highwoods.com.

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