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HIGHWOODS PROPERTIES TO PRESENT AT CITI 2011 GLOBAL PROPERTY CEO CONFERENCE

Wednesday, March 16 at 8:10 AM

Raleigh, NC – March 10, 2011 - Highwoods Properties, Inc. (NYSE: HIW), one of the largest owners and operators of office properties in the Southeast, today announced that Ed Fritsch, President and Chief Executive Officer, and Terry Stevens, Chief Financial Officer, will participate in a company roundtable discussion at the CITI 2011 Global Property CEO Conference. Highwoods' presentation is scheduled for Wednesday, March 16, 2011 at 8:10 a.m. Eastern time. The presentation will be approximately 35 minutes in length.

The roundtable discussion can be heard live by dialing 877-211-0500 and entering the Passcode 8634031.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is one of the largest owners and operators of office properties in the Southeast and provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At December 31, 2010, Highwoods owned or had an interest in 330 in-service office, industrial and retail properties encompassing approximately 32.4 million square feet and owned 611 acres of development land. The Company's properties and development land are located in Florida, Georgia, Mississippi, Missouri, North Carolina, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our web site at www.highwoods.com.

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