

**FOR IMMEDIATE RELEASE**

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## **Highwoods Properties to Release Fourth Quarter and Year End 2010 Results on February 9**

**Conference Call Thursday, February 10, at 9:00 a.m.**

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**RALEIGH, NC – January 10, 2011, Highwoods Properties, Inc. (NYSE: HIW)**, the largest owner and operator of suburban office properties in the Southeast, today announced that it will release fourth quarter and year-end financial results for 2010 on Wednesday, February 9, after the market closes.

A conference call will be held the next day, Thursday, February 10, at 9:00 a.m. Eastern time.

For US/Canada callers, dial (800) 909-4578. A live, listen-only Web cast can be accessed through the Company's Web site at [www.highwoods.com](http://www.highwoods.com) under the "Investor Relations" section.

A replay of the call will be available on the Investor Relations section of Highwoods web site at [www.highwoods.com](http://www.highwoods.com).

### **About Highwoods Properties**

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is the largest owner and operator of suburban office properties in the Southeast and provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At September 30, 2010, Highwoods owned or had an interest in 329 in-service office, industrial and retail properties encompassing approximately 32.3 million square feet and owned 580 acres of development land. The Company's properties and development land are located in Florida, Georgia, Mississippi, Missouri, North Carolina, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our web site at [www.highwoods.com](http://www.highwoods.com).

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