



**FOR IMMEDIATE RELEASE**

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## **HIGHWOODS PROPERTIES TO PRESENT AT REITWEEK 2010, NAREIT'S INVESTOR FORUM**

**Live Web-Cast on Thursday, June 10, at 3:00 PM CDT**

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**RALEIGH, NC – June 7, 2010 Highwoods Properties, Inc. (NYSE: HIW)**, Highwoods Properties, Inc. (NYSE: HIW), the largest owner and operator of suburban office properties in the Southeast and NAIOP's 2009 Developer of the Year, today announced that Ed Fritsch, President and Chief Executive Officer, will participate in a Company roundtable presentation at REITWEEK 2010, NAREIT's Investor Forum. The presentation will take place on Thursday, June 10, at 3:00 p.m. Central time and will last approximately 35 minutes.

The presentation will be web-cast and will be available through the Company's Investor Relations section of its corporate website at [www.highwoods.com](http://www.highwoods.com). A link for the web-cast will be provided on the "Corporate Profile" page of this section. A replay of the web-cast will be available.

### **About Highwoods Properties**

Highwoods Properties, Inc., a member of the S&P MidCap 400 Index, is a fully integrated, self-administered real estate investment trust ("REIT") that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At March 31, 2010, the Company owned or had an interest in 378 in-service office, industrial and retail properties encompassing approximately 35.7 million square feet. Highwoods also owned 581 acres of development land. Highwoods is based in Raleigh, North Carolina, and its properties and development land are located in Florida, Georgia, Missouri, Mississippi, North Carolina, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our Web site at [www.highwoods.com](http://www.highwoods.com).

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